

SallyForth

Western District Newsletter August and September 2017



Diary of Events

August 2017

Wednesday 2 nd	Codgers	for towers see SCACR calendar	11.00am–12.15pm 2.00pm–3.30pm
Friday 4 th	Basic 8 Bell Practice	Arundel	7.30pm
Saturday 5 th	Beginners & Improvers Practice - Contact Christine first on 01903 872623	Washington	9.30am
Saturday 12 th	Triples Training/Practice Day for full event details see SCACR calendar (link) Names (both students and helpers) to Moya at sec-west@scacr.org	Easebourne	10.15am-12.15pm
Friday 18 th	Advanced 8 Bell Practice	Westbourne	7.30pm
Saturday 26 th	Surprise Minor Practice	Walberton	10.15am

September 2017

Friday 1 st	Basic 8 Bell Practice	Arundel	7.30pm
Saturday 2 nd	Beginners & Improvers Practice - Contact Christine first on 01903 872623	Washington	9.30am
Wednesday 6 th	Codgers	for towers see SCACR calendar	11.00am–12.15pm 2.00pm–3.30pm
Saturday 9 th	Ring, then Walk and Pub Meal Walk to Fittleworth approx. 1 hour 40mins Pub meal at the Swan in Fittleworth Names to Christine on 01903 872623	Pulborough	5.00pm-5.45pm
Friday 15 th	Advanced 8 Bell Practice	Arundel	7.30pm
Saturday 23 rd	Surprise Minor Practice	Walberton	10.15am
Saturday 30 th	Change Ringing Handbell Day for full event details see SCACR calendar (link) Names to Hamish at hamish@wandleys.demon.co.uk	Ringmer	10.00am-4.00pm See box on page 6 for more info
Saturday 30 th	Barn Dance and Supper (Annual Social event) Rawson Hall, The Street, Bolney, RH17 5PF Tickets from Alison at publicity@scacr.org	Bolney	doors open 6.30pm See box on page 4 for more info

Looking Ahead

Friday & Saturday 27 th & 28 th October	Association Training Weekend	See box on page 7 for more info
Saturday 16 th December	Association Carol Service at Angmering	

Many thanks to everyone who sent in items for the newsletter. Your input is greatly appreciated.

Please send dates of forthcoming events for the next **Diary update** to Mandy and Hamish via news-west@scacr.org by **15th September 2017** and your contributions for the next edition of **SallyForth** by **15th November 2017**. Thank you

Moya's Musings (Your District Secretary)

Since our last Sally Forth we have had a couple of monthly get-together's, one morning at Southover where we were joined by North and South members to ring on their 10 bells, which David has written about.

Our other get together only last weekend was the walk, ring and pub meal at Chichester. We were very lucky with the weather and 16 of us, ringers and non-ringers, set off from the Cattle Market car park at the end East Street to walk the remains of the old Roman Walls. These skirt the north of the town at roof top height and with the shade of the trees it was a very enjoyable hour with stops to read the information books on route. We finished up in the Bishop's Palace Gardens where we all dissipated to either enjoy an ice cream, a cup of coffee or just to sit in the peace of the garden. Just before 6pm we all gathered again with a few new faces at the foot of Chichester Cathedral's bell tower and after ascending the 85 steps, with head torches as stipulated by the Cathedral's Health and Safety committee, had an hour ringing the bells. This was a first ring on these bells for quite a few but everyone coped very well with the assistance of Hamish, Colin and Graham and left feeling proud of their achievement. We finished with a well struck piece of Stedman Triples.

By now we were feeling in need of sustenance so we walked to the pub in North Street for our meal. Hamish was a bit concerned as he had only found out a couple of days before that it was their Karaoke night, but we were seated the other side of the pub so not too near the speakers. Although none of us was adventurous enough to have a go there were a few good songs sung well by other people which we could join in with.

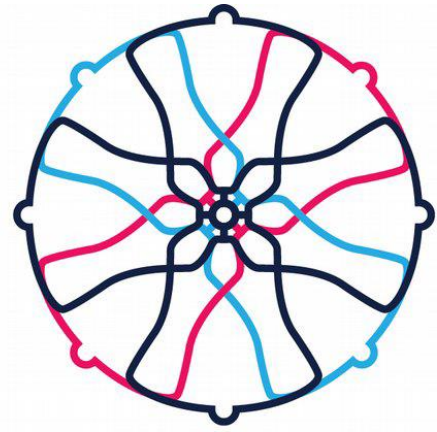
Don't forget in August we have our Stedman/Grandsire Triples morning at Easebourne (near Midhurst). If you are trying to learn these methods then do come along to practice either or both, with more experienced ringers to help you. It would help to know if you

are coming as a student or helper not only for the catering (coffee and refreshments) but also so Graham knows how many to expect for the ringing. Do let me know (sec-west@scacr.org). I hope that our lovely summer will continue with hot, sunny days which we all can enjoy. Have a lovely summer and look forward to seeing many of you around and about

Moya Hills
Sec West
sec-west@scacr.org
01903-266980



SCACR UPDATE



THE CENTRAL COUNCIL OF CHURCH BELL RINGERS

BELLS IN YOUR CARE

An attractive new leaflet has been re-issued by the CC PR Committee and can be downloaded for circulation among the clergy and churchwardens at your tower.

This is another example of a service provided by the Central Council.

Link: <https://cccbr.org.uk/wp-content/uploads/2016/05/Bells-in-Your-Care.pdf>



Heritage Open Days 2017 is 7-10 September this year. Last year many of our towers opened their doors for Open Days over the weekend, in conjunction with the church so if you can do so again it's a great opportunity to show people what we do hidden away in the tower and to recruit new ringers! You can get more information including how to register by looking at the SCACR web site:

<http://scacr.org/component/k2/item/274-heritage-open-days-2017>

It's a lot easier to register this year so please do so as soon as possible to benefit from promotional material. Please let me know (publicity@scacr.org) when you have registered so I can add you to the map and mention in local social media. If you hear nothing let me know and I'll chase up for you.

BBC Children in Need

Following on from our successful collaboration last year with Heritage Open Days, this year bell ringers are joining forces with the BBC's Children in Need Appeal. The profile of ringing will be raised by local, regional and (we hope) national coverage on radio and TV during the period between the launch on 5th October, with the theme Do Your Thing, and Appeal Day, Friday 17th November. Ringers will be asked to help by ringing Pudsey Surprise and some special compositions of more simple standard methods to be named Pudsey Bear touches, quarters and peals. We are sure that ringers will want to get involved, and to support Children In Need. More details and fund raising ideas to follow soon, but one already on the table concerns that old favourite: parachuting teddies. What are your ideas? Tell us now! If you're lucky, you might even find Pudsey Bear visiting your tower! Read more about it by going to:

<http://www.bbc.co.uk/corporate2/childreninneed>

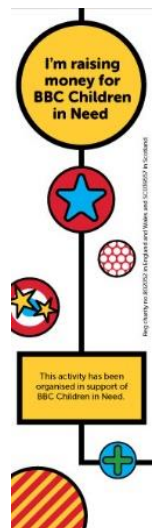
Alison Everett

SCACR Events and Communications Team Leader

Find me on Facebook

follow on twitter @scacr @sussexbells

email : publicity@scacr.org



Southover bell ringing visit

On a sunny morning on 10th June, what could be better than a trip to the east side of Sussex and a chance to try out the lovely 10 bell tower of St John the Baptist at Southover close to Lewes.

Traffic was light but finding our way around Lewes a struggle as I did a turn-around at the High Street memorial and zoomed back to find the turning to the south side of town. Parking is always difficult but I had a tip from another ringer and went down Cockshut Lane where there was an empty, free car park and road parking. Climbing back up the hill we had a chance to admire the old stone and brick buildings before coming out onto the Southover High Street where our church and a small gathering of ringers was waiting. This is indeed a special place which makes me glad to live in Sussex as all around us were pretty cottages and flower gardens making you want to explore.

David Kirkcaldy had brought over a group of his ringers and had agreed to take charge of the ringing. We had to wait a few minutes until Richard Neal arrived to let us in and then we were up the short spiral iron stair to the ringing chamber with its circle of 10 ropes all evenly set out. More ringers arrived and it was good to see new people from the Northern and Southern Divisions as well as ours.

Ring up moved into Grandsire Cinques as a starter which had me in at the deep end and floundering, despite Jonathon's advice to follow the bells that my course bell was following. A new tower, 10 bells and a method were enough to make me want to find a quiet corner somewhere, but David kept things going with plain hunting then parking me on the tenor (17 cwt) to keep me involved. Eventually we had about 18 to 20 people come along, of all abilities, and enjoyed the challenge of trying something new. Penny Neal arrived to say that tea was available in the church so after we were all about rung out, we went down for refreshments. It's not just the ringing but also making new friends and greeting old ones, so there was lots of chatting and catching up to do.

Many thanks to David for his patience and for organising the ringing, for Penny and Richard for letting us use this splendid peal of bells and to Christine and Moya and local helpers for the nibbles, tea and coffee. I must get back and explore Lewes some more!

David Hall



SCACR Barn Dance and Supper Rawsons Hall, Bolney RH17 5PF Saturday 30th September 2017

Doors open 6.30 for 7pm until 10.30pm Adults £11; Under 18 £6

Tickets from Alison Everett publicity@scacr.org or 01243 775366

Music and calling by Touchstone

Fiddle, flute and guitar see www.allwoodmusic.co.uk/touchstone

Hot supper is included in the price Raffle Free parking at the Hall

! Please bring your own drink, wine glasses (if required) and cutlery !

Isle of Wight “Eclectics” Tour

At the end of some days you wonder why your jaws are aching and then realise it's because you have been smiling all day long. Pauls' outings are like that. What could be better than 5 fine towers to ring at, 30 or so friends of similar interests, fine sunny weather and a vintage, two storey bus for transport?

It had started with a phone call to Alison Everett at 7.15 am to confirm that we were to meet at Chichester Station at 8.35 am. This was my first time for the IOW trip so I was not up to scratch with “Facebook” communications, which is how Alison likes to arrange things. 10 or so other ringers from Eastbourne were already aboard and soon we were heading off to Portsmouth for the shuttle bus and the hover craft terminal. The ten minute trip, on what is the only commercial hover service still running, had us swaying then skimming, scattering flocks of seagulls and heading for Ryde.

It is always fun heading for an island, the tide being high it all looked its best in the morning sunlight and there awaiting us was the star of the day, a 1939 Southern Vectis vintage bus in gleaming cream and green livery. Paul Robinson was to be our driver and the bus is kept at the Isle of Wight Transport Museum but lent to us for the day. More people arrived to swell our numbers to over 35 ringers and partners and, as it was an open topped transport and sunny, most filled up the upper deck where the timber slatted seats were to leave a deep impression by the end of the day!



Our first tower was All Saints, Ryde, at the top of the town and a well-used landmark for local sailors navigating the Solent. This was also the first big test for our faithful friend, the bus, as Paul double de-clutched down to first gear and we all held our breath as she ground her way ever upwards. There has to be something rather majestic about gliding along at first floor level through old Ryde town and looking down on the ordinary folk below – you can easily get used to it! Turn right, turn left, tight bends, another hill, another de-clutch and we had arrived.

The church was designed by Giles Gilbert Scott who went on to design Liverpool Cathedral, and it is huge. The 8 bells were cast by Taylors of Loughborough in 1866 with a 27 cwt tenor. We started with an attempt at Grandsire Triples which I managed to scupper on the 7 bell, so then found a small corner to watch as others rang changes, an attempt at Stedman and a well rung Bob Major. High up on the walls were little redundant bells on levers which were used during WW2 for practice while the big bells were stilled. The present bells were a fine ring and eventually everyone had their chance to enjoy themselves before all too soon, we re-joined the bus.

Up again and then clear of the town and we were headed for the open countryside on little roads, gathering an impressive tail of following cars and flying along with the buzzards! “Trees!” someone shouted and we all ducked in time, except for those working their phones. This became a regular hazard and clearing your hair of leaves and Lepidoptera became a team game! Up over Arreton Down and the views widened while cameras clicked and soon Godshill came along and even more photos.



All Saints, Godshill, goes back to 1070 but is mainly medieval, set on the little hill and clustered around with the most peachy thatched cottages that you could throw a box of chocolates at! A tourist honey pot in high summer, we were lucky, and had it mainly all to ourselves. The light ring of 6 bells were cast by Llewellyn and James and a fine come-down to something more familiar from the big, dignified bells of Ryde. Everyone had a ring and we had a touches of Grandsire and Bob Minor, then Cambridge and call changes. Tummies were starting to rumble by now, so we headed for Chale leaving the trees behind us and fighting our way into the strengthening west wind.

The Wight Mouse Inn had a big car park, amazing views of the west of the Island and a full menu that we had used to phone through our orders to reduce waiting times. Good food, fine beers and plenty of space were just what we needed as we tucked in and relaxed. I shall always remember Mandie's comments on Alison's water jugs! Some would have spent the rest of the day there quite happily but another church was waiting within tottering distance and so we walked to our next ring.

This was St Andrews, Chale and a ground floor ring of 6 bells (5 bells by Taylors, the no 3 a 14 century bell) and rang touches of Bob Doubles and Bob Minor then changes to give all a ring, while the others minded the WW1 Roll of Honour

in the church showing the 130 who died. Whole families were wiped out and the huge churchyard gave testimony to the de-population of the land. It was hard to imagine the local grief amongst such beautiful scenery.

Westwards next and our coach battled into the strengthening wind and hills to St Marys' Brighstone and a light ring of 8 bells at first floor. This ring had been augmented from 6 bells in 2017 and was the last job done by Taylors of Loughborough. It has been a popular move as they have two practices a week (one with simulator) and a band came down from Birmingham to ring them. They gave our inexperienced ringers a few problems being so light and the small ringing chamber required a shuttle system to allow everyone to get in. Down in the church a board dated 1859 commemorated the first lifeboat on the Island and the hundreds snatched from the stormy waters while dinosaurs grinned back from the cassocks!

Turning away from the wind, we made good progress back towards Newport and our last tower of Saint Marys' Carisbrooke, just below the castle. Paul made a good job of parking in the lovely restored water mill (with its low trees giving some consternation!) then we climbed up the hill, past the amazing garden of hollyhocks, to the church. 10 bells here and 61 steps up had us puffing a bit. These bells had been cast by Gillett and Johnson in 1921 and made into a superb 10 in 2002 by The Whitechapel Bell Foundry. The ringing chamber was a tall space and austere, being furnished by a finely carved stone peal board dated 1777, another peal board and three huge clock weights. The bells were left "tails up" so stretching was required and then we were away with rounds and Grandsire Cinques. For the last ring, I stepped up for the 20cwt tenor and a memorable, fast touch of Grandsire Cinques (with only a minor dip in the middle!) then some fun trying to stand the bells at backstroke.

We had a group photo taken then piled aboard for the short run back to Ryde and the hover terminal. Many thanks must go to all who helped to make this a special day out. To Paul our driver, Ian our bus conductor, Mike the tower conductor, Nick for the tickets and Alison for the food conducting. Also the heroic efforts of our lovely old omnibus and those who lovingly keep her running. Must check out Facebook more regularly!

David Hall

Change Ringing Handbell Day

Saturday 30th September 2017 10am to 4pm

Ringmer Primary School, Harrisons Lane, Ringmer, East Sussex, BN8 5LL
Half hourly buses from Lewes (and Brighton)

This event is open to all, especially:

- Handbell groups in Sussex and near by
- Those who enjoy change ringing on handbells but do not have a regular practice
- Those who want to have a go

There will be three focus groups:

- Plain hunting to Plain Bob
- Plain Bob to Treble Bob
- Beyond Treble Bob

There will be a charge of £6 to cover refreshments and lunch.

If you would like to attend this event please email Hamish McNaughton at hamish@wandleys.demon.co.uk stating which of the focus groups you would like to join and whether you are able to bring handbells.

CCCBR MEETING 29th May 2017

At the Annual Meeting of the CCCBR Monday 29th May 2017 held in historic Edinburgh and hosted by the Scottish Association David Kirkcaldy won in a contested election for Vice-President on a strongly pro-reform ticket. You can read a lot more about it all on the CCCBR website but here is a short report from David Kirkcaldy who is also Western District's representative on the Central Council.

This year's meeting was held in Edinburgh over the late May Bank Holiday weekend. For those who arrived early there was the chance to socialise on Saturday with towers open for ringing.

Sunday was the start of the real business. At last year's meeting a motion was passed to set up an independent review group looking at the CCCBR; they were required to report back this year with their ideas for what the CCCBR should look like in the future. This review group took the name Council Review Action Group (CRAG) and there was an update from them as the first formal business of the day. They explained proposals that would be discussed at the AGM the following day.

After this there was an open meeting where the guest speaker was Sir Tony Baldry who chairs the Church Buildings Council. He gave some idea of the future for churches across the country. Some changes have already started, supported by General Synod, and others will be progressed this year. One idea is that some churches will become 'Festival Churches', not being made redundant but having far fewer services held in them. This will obviously have an impact on ringers; the restructuring of individual parishes into joint benefices and doing away with the need for individual Parish Church Councils. Each Diocese should undertake a survey of its church stock to ascertain where they see its future; it is hoped that this will lead to more community involvement in maintaining and using churches.

Following this talk was the 'welcome to new members' session, which was a chance for people to talk about which area of the CCCBR's work they would like to get involved with. Tea and cakes were available; and then all ringers and friends were invited to join in Choral Evensong at St Mary's Cathedral. In the evening there was the official reception with the offer of a Ceilidh, dancing until late.



On Monday it was the AGM, held in St Andrew's and St George's West Church, an ideal venue with good acoustics and plenty of room. There was one item on the agenda which was uppermost in representatives' minds, this was the three motions which would radically change the structure of the CCCBR and how it operated. During discussions an amendment was put to allow more time for consultation with local Guilds and Associations, but this was defeated and the main motions were carried with comfortable majorities on each.

Other motions were discussed, including one that seemed to be controversial concerning peal ringing and methods but this was also carried. Then the various committee reports were accepted without much discussion and new members of the committees were named.

David Kirkcaldy

Sussex has 5 Central Council representatives: Stella Bianco is in dark blue next to Graham Hills, Steph Pendlebury is in front of Graham and next to Rob Lane and then David Kirkcaldy

SCACR Training Days - 2 day course 27-28 October 2017 (Fri & Sat)

This is still in the planning stage – it is hoped that the courses will be:

Beginning method ringing
Ringing and conducting Stedman

Grandsire Doubles

PB Doubles
Starting Surprise

Venues will be around the centre of the county wherever possible. Application forms are expected to be available by mid August. Contact Anne Franklin for more info. anne.fr@nclin.myzen.co.uk

BBC MUSIC DAY



The bells of St. Margaret's church in Angmering were rung specially on Thursday 15th June, 2017 from 7pm. This was for the BBC Music Day Event where many churches around the country and across the globe joined in the ringing at the same (local) time to help demonstrate "the power of music".

At Angmering, we rang Rounds and Call Changes on 5 of our 6 bells. The 6th bell or tenor bell was left silent, i.e. not rung, as a mark of respect for, and in memory of, the late George Coulson. George regularly rang the tenor bell for us in Angmering. He recently passed away due to cancer and is very much missed by the rest of the band.

The 5 ringers were 1 Michael Nott (*pictured below*), and from left to right in the adjoining picture: 5 Ken Black, 3 Janice Crawford, 2 Shirley Hamilton, 4 Raymond Bivand.

The following day, we received an acknowledgment from the BBC Music Day team thanking us for taking part.

[Raymond Bivand](#)



Editor's Note:

284 bands were listed on the BBC web pages as having taken part in Music Day 2017 including
 St Mary Magdalene, Rusper
 St Margaret, Angmering
 St Mary, Goring
 St Richard, listed as Bognor Regis (aka Aldwick?)
 St Mary, Stoughton
 Holy Trinity, Bosham
 and I know there were others that didn't get on to the list for some reason.
 The other countries taking part were Bermuda, Channel Islands (St Helier), Kenya, Zimbabwe, South Africa, USA, Canada, Ireland, and France (Notre Dame, Paris).



Bosham also rang in memory of a long serving member of the tower:

John Birchenough (1923 – 2016)

John rang at Bosham for nearly 40 years. One of his favourite methods was Stedman and his son Patrick remembers often seeing him studying a crib sheet of the changes so that's what we rang, varying the band occasionally.

Ewan Grant -Richardson, Patrick, Mandy Rodgers, Rosemary Grindle, Carol Bishop, Jane West, Jane Powell, Dave Hanwell and (not pictured) Wendy Whittle

Jean Elizabeth Blackman

1931-2017

Jean was born in Storrington in September 1931, the second of three daughters of William and Louise Curtis. William Curtis was ringing master at St. Mary's and sang in the choir; Jean also embraced both singing and bell ringing. Jean first met Peter in her teens, at a ringing meeting at Pulborough in 1945.

Jean became more involved with ringing and the church. Following the Lambeth Conference in 1948, she became Storrington parish youth representative. When Peter went to college in London, they kept in touch and enjoyed cycle rides together in the Sussex countryside.

After consulting Jean, Peter took the opportunity to train for the ministry in Salisbury. Jean and Peter married in July 1956 in Storrington and moved to Aylestone in Leicester, Peter's first ministry, where Helen and Rachel were born. They moved to Ratby in 1960 where, in the next year, they had a third child, Richard.

Jean was a marvelous parson's wife. For over 30 years she enabled Peter to officiate at five and sometimes seven services at Ratby and Groby churches each Sunday. There were two Church Councils to support, two choirs, two bands of ringers, two teams of Sunday School teachers, two working churchyard, two branches of the Mothers Union and the biggest annual event, the garden fete.

Jean pursued her love of singing, taking lessons, and joining the Ashlean Opera. She sang with the operatic society for 20 years and made many friends.

When Peter retired, he and Jean returned to live in Peter's childhood home in Chichester. Jean soon became active at the Cathedral where she made new friends. By this time Jean was a grandmother and indeed a great grandmother.

Jean developed Parkinson's disease which gradually took away her sparkle and infectious laugh. Latterly she was looked after in Manor Barn Nursing Home where they held a party to celebrate Jean and Peter's diamond wedding anniversary. Jean's condition gradually deteriorated and she passed on peacefully in her sleep on April the 21st 2017.

Hamish McNaughton

Quarter Peals

Chichester Cathedral of the Holy Trinity

1st April 2017

1296 Cambridge Surprise Minor

- 1 Hamish McNaughton
- 2 Gill Roberts
- 3 Phil Down
- 4 Peter Watson
- 5 Colin Spencer (C)
- 6 David Roberts

Holy Trinity, Bosham

30th April 2017

1260 Plain Bob Doubles

- 1 Jane West
 - 2 Kathy Kallaway
 - 3 Mandy Rodgers
 - 4 Carol Bishop
 - 5 Ewan Grant-Richardson (C)
 - 6 Dave Hanwell
- 1st quarter peal inside for Kathy

St Mary, Goring-on-Sea

25th June 2017

1260 Mixed Doubles

180 Stedman, 600 Grandsire

480 Plain Bob

- 1 Jo Cheng
 - 2 Moya Hills
 - 3 Irene Batchelor
 - 4 Jane Winter
 - 5 Graham Hills (C)
 - 6 Allen Monks
- Rung to celebrate the 40th Anniversary of Father George Butler's priesting

Chichester Cathedral of the Holy Trinity

30th June 2017

1280 Cambridge Surprise Major

- 1 Mia Pullen
 - 2 James Lilley
 - 3 Susan Gadd
 - 4 Moya Hills
 - 5 Graham Hills (C)
 - 6 Irene Batchelor
- 1st quarter away from cover for Treble Rung as 86th birthday compliment to James H Lilley

WESTERN DISTRICT CONTACTS

Secretary	Moya Hills 311 South Farm Road, Worthing BN14 7TL	01903 266980	sec-west@scacr.org
Events Co-ordinator	David Hall	01903 884724	events-west@scacr.org
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Bell Restoration	Roger Watts		brf-west@scacr.org
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WESTERN DISTRICT PRACTICE NIGHTS

You'll always be welcome on practice nights at other towers in the division, but it might be an idea to check before you get there!

Monday: Aldingbourne, Arundel (2nd & 4th) & Lyminster (1st & 3rd), Northchapel, Pagham, Pulborough, Slindon, Stedham, Westbourne, West Tarring & Yapton

Tuesday: Aldwick, Findon (2nd & 4th), Fittleworth, Funtington, Goring-by-Sea, Graffham, South Harting, Washington & Wisborough Green (2nd & 4th)

Wednesday: Billingshurst, Chichester, Felpham, Heene, Kirdford (7.45pm), Milland, Shipley, Stoughton, Thakeham, Tillington (7.45pm - 1st only) & Upper Beeding

Thursday: Angmering (2nd, 4th & 5th), Bosham, Easebourne (1st & 3rd), Findon (1st & 3rd), Midhurst (2nd & 4th), Petworth, Steyning & Walberton

Friday: Amberley, Rogate & Storrington

Other Towers: Fernhurst (3), Lodsworth & Trotton (4)

Regular Practices

Beginners & Improvers Practice - contact Christine first	1 st Saturday of every month	Christine Butterfield	01903 872623
Basic 8 Bell Practice	1 st Friday of every month	Colin Spencer	01243 824952
Advanced 8 Bell Practice	3 rd Friday of every month	Colin Spencer	01243 824952
Surprise Minor Practice	4 th Saturday of every month	Graham Hills	01903 266980
Codgers Practice	1 st Wednesday of every month	Mike Foster codgers@scacr.org	01903 741664

Ways to keep in touch with what the Sussex Association of Change Ringers is doing

Take a look at the SCACR calendar at www.scacr.org/scacr-calendar

Subscribe to Soundbow. SCACR quarterly magazine. £1 each or £6 pa for a postal subscription. Contact Soundbow Editor Kathy Howard 01903 813653

You can register and keep in touch via Facebook – just search for SCACR

If you use Twitter then look for @scacr and @sussexbells

If you need to know more about social media please email Alison Everett, our Communications and Events Team leader, at publicity@scacr.org

Many thanks to everyone who sent in items for the newsletter. Your input is greatly appreciated.

*Please send dates of forthcoming events for the next **Diary update** to Mandy and Hamish via news-west@scacr.org by **15th September 2017** and your contributions for the next edition of **SallyForth** by **15th November 2017**. Thank you*