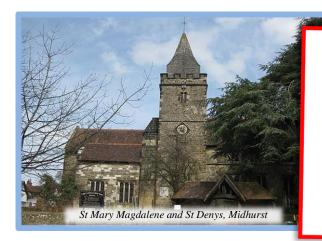
SALLY FORTH

Western Division Newsletter May & June 2013



Diary of Events

May			
Wednesday 1 st	Codgers	Itchingfield Warnham Warnham (Bell Meadow)	11.00am-12.15pm 2.00pm-3.30pm 3.45pm-5pm
Friday 3 rd	Basic 8 Bell Practice	Arundel	7.30pm
Saturday 4 th	Beginners & Improvers Practice - cancelled this month		
Saturday 11 th	SCACR Annual General Meeting – Ringing, Service, Tea & AGM <i>(see page 5)</i>	Billingshurst	2pm
Saturday 11 th	Handbell Concert (see page 6)	Pulborough	7.30pm
Friday 17 th	General 8 Bell Practice	Westbourne	7.30pm
Saturday 25 th	Surprise Minor Practice	Walberton	10.30am
June			
Saturday 1 st	Beginners & Improvers Practice - contact Christine first on 01903 872623	Washington	9.30am
Wednesday 5 th	Codgers Outing	Kent (tbc)	
Thursday 6 ^{th -} 8 th	South of England Show – Dewbys Bells	Ardingly	
Friday 7 th	Basic 8 Bell Practice	Arundel	7.30pm
Saturday 8 th	Practice, Service & Meeting	Midhurst	3pm
Friday 21 st	General 8 Bell Practice	Westbourne	7.30pm
Saturday 22 nd	Surprise Minor Practice	Walberton	10.30am
Saturday 29 th	Inter-divisional Striking Competition		



Practice, Service and Meeting at St Mary Magdalene and St Denys MIDHURST

Saturday 8th June 2013

Ringing 3pm, Service 4.30pm, Tea 5.15pm followed by a short business meeting

Names for tea please to Jack Burton tel: 01243 374937 or sec-west@scacr.org

All ringers are welcome to all practices and meetings, so please do come along

Regular Practices

Beginners & Improvers Practice	1 st Saturday of every month	Christine Butterfield	01903 872623
 contact Christine first 			
Surprise Minor Practice	4 th Saturday of every month	John Taylor	01903 745477
Basic 8 Bell Practice	1 st Friday of every month	Colin Spencer	01243 824952
General 8 Bell Practice	3 rd Friday of every month	Colin Spencer	01243 824952
Codgers Practice	1 st Wednesday of every month	Mike Foster codgers@scacr.org	01903 741664

Looking Ahead	
13 th July 2013	Walk and Ring – to be arranged
10 th August 2013	Two practices - afternoon at Yapton, then an evening ring at Lyminster (tbc)
14 th September 2013	Method Striking Competition at Upper Beeding (tbc)
14 th September 2013	Essex Trophy 10 Bell Competition
2 nd October 2013	Practice, Service and Meeting at Chichester (tbc)
6 th October 2013	SCACR Annual Social
1 st & 2 nd November 2013	SCACR Ringing Course
9 th November 2013	Practice (Half-muffled) and Service at Easebourne (tbc)
14 th December 2013	Practice and Carol Service at Wisborough Green (tbc)
6 th September 2014	Ringing Roadshow at Newbury Racecourse

Master's Mutterings - Graham Hills

Once the ADMs and February are over, we hope that the weather will start to turn warmer so that we can think of sitting in the sun between ringing at meetings. However, I do remember that at the Call Change Striking Contest last year at Kirdford, although the sun was out, there was a fairly chilly wind blowing. This year the Call Change Competition took place at Washington, and the wind was still cold. A total of 9 teams entered the competition, those being from Steyning, Bosham, Milland, Shipley, Washington, Funtington, Goring-by-Sea, Westbourne and West Tarring. Richard Verrall had agreed to be our judge, and ably assisted by his wife Sheila, placed West Tarring first, closely followed by Steyning in second place, with Washington in third place.

The weather didn't change much for the Easter week, when 25 of us left Sussex for what we hoped would be a pleasant week of ringing centred around Porlock on the north Somerset coast. The ringing was good, as were the companionship and the scenery, but shivering whilst ringing at Hawkridge in the middle of Exmoor was no joke. Still we had the benefit of a nice log fire to sit around for the evenings.

At the same time, I believe there was another tour, where more ringers left Sussex to ring in Lincolnshire for the week, and from what I've heard, they were just as cold.

Whilst I am sitting here writing this, I am reflecting on the marvellous turn out yesterday for the practice meeting at Thakeham. Many thanks to all those who helped one way or another with the tea, and the raffle raised £50 for the Bell Restoration Fund. There was one unusual prize in the raffle, that being an antler that had recently been shed by one of the deer in Parham Park.

As you already know, the County AGM takes place on the second Saturday of May every year, and this year, we in the Western Division are hosting it at Billingshurst on 11th May. So please put the date in your diaries, contact Jack Burton to put your name down for tea, and come along. A reminder poster has already been sent out via e-mail by Marisa Hayes.



Prize Giving



Call Change Competition Winners – West Tarring

Looking a little further ahead, in June, our meeting will be at Midhurst, where, after tea there will be a short business meeting. This will be mainly to elect any new members to the Association, so if you know of someone who wants to be elected, then please visit the SCACR website, download a membership form, and send the completed form to Jack Burton before the meeting, so he has time to write out the certificates.

Scratchings from the Secretary – *Jack Burton*

The work with the subscription forms is now complete as far as the Divisional Secretary is concerned. Everything has now been passed upwards for inclusion in the Annual Report. This year, for the first time, the blank subscription forms had been generated directly from the new database. Things seem to have concluded very well. Most towers, where they added names to the list, supplied proposal forms for new members which made the administration so much easier and most of the yellow forms were returned well in time for the Annual Divisional Meeting.

At the ADM in February no less than 25 new members were elected. This is by far the largest single number elected at one meeting during the tenure of the current secretary. Well done everyone who returned the forms in time and helped to make the list so big. There are another 14 new members who did not make the ADM cut-off, but with complete proposal forms are waiting for election. They will be elected at the next Business meeting which takes place at Midhurst on 8th June.

The new Association pocket book for new members is now in print and the first numbers have been distributed to Divisions. The first people to benefit from this will be the ones elected at Midhurst.

The rules for clearance in connection with the Safeguarding of juniors are being amended slightly. Once a person is cleared for bell ringing at a particular tower, then this clearance will be good for all towers in the Association. The Safeguarding Officer is checking to make sure that all towers with juniors are covered.

It was decided at the last General Committee meeting that some of the money given in a legacy some time ago to support bell ringing, would be made available to support the cost of the installation of simulators in a small number of towers. Towers who are thinking of installing simulators in the near future, and wish to be considered for an allocation of this money, must make an application on an individual basis to the General Committee.

At the same meeting of the General Committee, it was decided that the annual Birthday Service, which takes place in January each year, would cease mainly due to the continuing lack of general support by members, which is usually further aggravated by bad weather at that time of year. The future of this service was passed to a new group, formed at the meeting, and tasked with reviewing the whole activities and administration of the Association. This will include its aims, how it is managed, and the relationship between the various towers and the administration. Any points and comments by members would also be considered by the new group. This subject became an item at the Divisional Committee meeting and a couple of points were subsequently passed to the chairman of the group for consideration. These points related to the size of the Divisions and inter-divisional activities. Also, the distribution of news and newsletters and the increasing dependence on emails. Most of you should have seen the first brief from this group detailing their early deliberations. The whole thing is still very much in its early stages and the Group plans to give a briefing on their work so far, after the AGM proper at Billingshurst in May.

Lastly it remains for me to encourage all of you to come to the AGM on 11th May to hear what is happening in the Association and make your views felt. As usual, names for tea to the Secretary please.

Other special events you might like to ring for





- Celebrating (West) Sussex Day 16 June 2013
 - The 16th June is St Richard's Day and also Sussex Day. This year it falls on a Sunday, so this could make it more attractive for those wishing to celebrate our great County.

St Richard's Day, the feast day of Sussex's patron saint 'St Richard of Chichester', marks the anniversary of when St Richard's body was carried (translated) from its original burial place in the nave of Chichester Cathedral to a new shrine in the Retrochoir behind the high altar on 16th June 1276.

West Sussex County Council officially recognised the day in 2007.

New e-mail addresses for Divisional Officers

Divisional officers have been given new e-mail addresses, which will now be displayed on the SCACR website and other publications. Articles, photos, etc for Sally Forth can still be sent to our gmail address, as before, or via news-west@scacr.org

Practices in SCACR Northern, Southern and Eastern Divisions

If you are interested in joining a practice in any of the other three divisions of SCACR, regular practice days and tower contacts are listed in the Report and Handbook, a copy of which should be available in your tower. You are always welcome on practice nights, but it's a good idea to check before you go! You can also look at the SCACR website for regular and other practices, or e-mail website@scacr.org and ask if you can go on the e-mailing list for other divisions' newsletters.

Changes of Policy and Procedure in the world of Safeguarding....

- Sue Elrick, Safeguarding Officer

Discussions at Education Committee and General Committee have led to the approval of a new policy in the Association regarding the publication of photos and information about young people. This policy brings us into line with the Press Complaints Commission Code of Practice which is used by "The Ringing World".

"The SCACR Website and all SCACR publications will not knowingly publish material which could be detrimental to the interests of children and vulnerable adults and will abide by the normal media conventions and recommendations of the Press Complaints Commission. No material will be published which is restricted due to being the subject of legal proceedings or resulting judgements.

Where material is published that specifically relates to youth activities, then accompanying photographs and names will only be published with the general consent of the parents or guardians of any minors involved. Such consent will be deemed to cover the use of the material on the SCACR website and in all SCACR publications, but not its transmission to or use by other persons or sites."

It is therefore very important that you ensure that you are familiar with the consents that parents have given **before** publishing anything about their child, or sending it to your Publicity Officer for publication. Remember, Publicity Officers don't have access to the consent information that you should hold in the tower.

Other news

DBS checks (formerly known as CRB checks)

Should you need a DBS (Data Barring Service) check for working with children in the Diocese, this can only be applied for through your Parish Safeguarding Officer, or directly with the Diocese if there isn't a Safeguarding Officer in your Parish. The Diocese now employs an Agency, CCPAS (Churches Child Protection Advisory Service). This has made the system both quicker and easier for the applicant. Applicants need to provide evidence of their identity, and the process is completed online, with results available within a week (usually).

From December 2012, all checks are on an "enhanced disclosure plus barred list" basis for Regulated Activities, which includes bell-ringing.

Single Certificate

The latest changes to the process mean that from summer 2013, the applicant will receive the completed check, **not** the Parish or Diocese, although they will be notified that the process is complete. You will then be required to show your DBS to the Parish Safeguarding Officer if you wish to be involved in teaching children. You will not be permitted to teach if you refuse to divulge the contents. Minor offences will not now be revealed.



Following some changes in legislative guidance after the publication of the Protection of Freedoms Act, the Central Council Tower Stewardship Committee has recently revised "Guidance Note 3", which gives full details of the requirements and expectations of bell ringers in relation to children and young people. Please take a few minutes to have a look.

If you don't have access to their website, those who need a DBS check are as follows:

Those involved in face-to-face teaching on a regular basis, or activities involving overnight stay (for example weekend courses)

- Tower Captain/Deputy and Instructor (apply through parish or seek advice)
- People who transport juniors as a formal arrangement irrespective of frequency (apply through the parish)
- People who teach in towers other than their home tower, unless they are supervised by a DBS/CRB checked
 Tower Captain (or other) at that tower. If the teacher is DBS checked for activities with children within the Diocese
 of Chichester she/he should show her/his DBS/CRB certificate to the host tower captain.
- Those who teach at events organised by the Association will be supervised by the tower captain of the host tower or the Association officer

And the question of "portability"?

Well, there are to be changes in summer 2013. This will mean that someone changing "employer" or area, can ask that their CRB/DBS certificate be checked on the Update Service. For bell-ringers, the Parish Safeguarding Officers or the Diocese Safeguarding Officer will be able to do this free of charge. If there are no changes, then no new Certificate will be required for activities of a similar nature.

Currently, if you have a Diocesan issued CRB/DBS, you can teach at any other tower within the Diocese, but **not outside**, without the permission of that Parish Safeguarding Officer. CRB/DBS disclosures provided by any other "employer" for any purpose are not valid for the purpose of teaching bell-ringing yet.

And finally.....thank you for taking time to read this.

If you have any questions or issues you would like to discuss, please do contact me.

Sussex County Association of Change Ringers ANNUAL GENERAL MEETING

Saturday 11th May 2013 at Billingshurst

Ringing 2pm & Service 3.30pm at St Mary's Church

Tea 4.30pm, followed by AGM at St Gabriel's RC Church Hall, 18 East Street (A272), Billingshurst RH14 9QH

Parking at St Gabriel's Church Hall

The formal meeting will be followed by a short presentation and discussion on the working group's work to date on the future of SCACR.

Please book your tea with Jack Burton tel: 01243 374937 or e-mail: sec-west@scacr.org before 9th May 2013

Please note: This year's Annual Reports will be available to collect from the 20th April. Please contact your Divisional Secretary, Jack Burton, or Marisa Hayes (e-mail: secretary@scacr.org) if you wish to arrange collection/distribution ahead of the AGM.

SOUNDBOW

Soundbow is the Association's News Magazine, produced quarterly by Kathy Howard. It contains news, views and information about what is, and has been, going on in and around the Association, plus other various ringing related articles.

Order your copies now (£5 for an annual postal subscription) by contacting Kathy Howard at soundbow@gmail.com, phone 01903 813653, or you can download an application form from the SCACR website.

My First Striking Competition – Jo Cheng

I've been learning to bell ring for 18 months now and I love it. One practice evening, our tower captain started to talk about entering a band for a striking competition. At first, I assumed it wouldn't include me, as I was too inexperienced. Then suddenly, I saw my name appear on the chalkboard as one of the six! As it turned out, I was to enter, not just for one tower, but two. My fault really, as I love ringing so much. I ring at two or three tower practices regularly and for Sunday services.

We all arrived at the Washington tower on a cold spring day and team names were drawn from a hat to decide the order in which we would participate. Apparently, the judge was sitting outside ready to listen. I learnt that we would have a couple of minutes only in which to practise, so I hoped that I would get used to the bell quickly and not let my team down. Both of the teams I entered for went in the last three, so we had plenty of time to sit and listen. It was nerve-wracking and I could feel my nerves building by the moment. Listening to the other teams, I couldn't imagine how the judge would be able to decide. I calmed myself by having a cup of tea and a piece of delicious cake and by chatting to my teammates. Suddenly it was our turn. We went into the ringing chamber and, once the door closed, you could feel the quiet, tense atmosphere. Luckily the bell I was on, the two, was a nice, straightforward bell and during the two minute practice, I quickly felt comfortable with it. Then our captain asked the treble to strike twice to let the judge know we were ready, and we were off!

I cleared my mind of all other thoughts, calmed my breathing and tried to focus just on the calls. Luckily, all my teammates were very experienced so I felt reassured. And all too suddenly it was over. Where had the time gone? I felt relieved, as we all did, but also elated that I'd made myself go through with it and it had turned out OK.

When all the teams had finished, the judge came in and gave us the results. He was a very experienced and expert ringer and so he had some interesting comments to make about each team. He was very encouraging to everyone. I saw his scoring sheet afterwards, which was very detailed. I felt my backstroke leads lost us some marks, something I have to work on.

However, to my great surprise, my teams came fourth and first! All in all, it was a very pleasant afternoon and a good ringing experience, and I felt a great sense of accomplishment. I'd definitely recommend everyone to try it.

St Mary's Church, Pulborough

HANDBELL CONCERT

(in aid of the Tower Bell restoration fund)

will be held on

Saturday 11 May 2013 at 7.30pm at St Mary's Church, Pulborough

Kiphra Handbell Team will entertain you to an evening of handbell music. The team have five octaves of handbells and play a wide variety of music to suit all tastes. The Bell Tower will be open from 6.30pm for anyone who wishes to come along earlier and have a ring prior to the

Tickets Cost £8.00 (including light refreshments and glass of wine)

Ticket Enquiries to Ian Cockburn – 01798 813102, or Brenda Etherington – 01798 872066

Bell Lad to Panto Boy

Oh yes it is! Oh no it's not! Oh yes it is!

It was on a cold, frosty January night that we all gathered to see Goring bell-ringer Jack Walker appear in the local production of Dick Whittington. Jack played 2 characters and appeared in several scenes, one of which had a fairy called "Bowbells" making many references to bell-ringing, such as "Bob seeing double" and "What a Grand Sire Mr Fitzwarren was".

We all agreed Jack's portrayal of The Sultan was very fetching and worthy of an Oscar!!

Margo Grundy

Jack is the one on the left!!!



A recipe for bell-ringers teas - Fruit Bran Loaf for the regular ringers

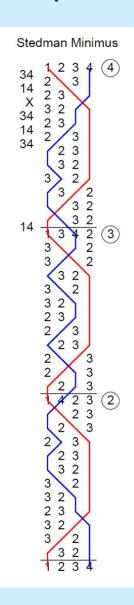
4oz (110g) All-Bran cereal, 2oz (55g) soft brown sugar, 10oz (275g) mixed dried fruit, a third of a teaspoon mixed spice, half a pint milk, 4oz (110g) self-raising flour

In a mixing bowl soak the All-Bran, sugar and dried fruit in the milk, cover with a cloth and leave for 30 minutes until the milk has been absorbed.

Grease a 2lb loaf tin and light the oven - gas mark 4/350°F/180°C.

Stir the flour and mixed spice into the fruit mixture, spoon into the loaf tin and bake for about 1 hour.

So you have met short of ringers one day..... - Mike Foster



Sometimes, even with the best laid plans of the Tower Captain, you can end up short of experienced ringers and think you can't do any change ringing.

However, all may not be lost – if you have three ringers capable of Stedman, one other that can Plain Hunt the Treble (and any others to cover as a bonus), you can ring Stedman Minimus which is much more exciting than Plain Bob Minimus or Call Changes.

Examining the Blue Line on the left, the professionals will instantly recognise the slow work of Stedman Doubles, with the dodging in 4-5 replaced by six blows in fourths place.

As a consequence of only one set of places, the three slow bells come out of the slow and go back in slow and this leaves the Treble ringer always as the quick bell.

The Treble does have to learn one new trick, rather than two blows at the back of Plain Hunt he/she must do 6 blows. For those of us that have problems counting up to six while controlling our bell, listening to the striking and remembering to breath, just do two blows over each of the other three bells in turn and then go back down to lead, lead for two blows only, then do it all over again.

So, not that difficult, as long as everyone remembers how to start!

Have fun!

Quarter Peals

St Mary's, Petworth

1st March 2013

1312 Petworth Surprise Major

- 1 Sue Spencer
- 2 Colin Spencer
- 3 Hamish McNaughton
- 4 Philip Down
- 5 Andrew Barnsdale
- 6 Gareth Higgs
- 7 David Smith (C)
- 8 Geoff Rix

Rung in celebration of the marriage this day of Sara, daughter of Geoff & Sonia Rix, to Mark Furnival

St Mary's, Storrington

10th March 2013

Mixed Doubles - St Simon's, Plain

Bob, Reverse Canterbury and Grandsire

- 1 Laura Wadey
- 2 Alan J Taylor
- 3 Sheila R Foster
- 4 Michael G Foster
- 5 Nigel Boorman (C)
- 6 Steve Swyer

Rung to celebrate the life of

Joy Boorman (mother of

Nigel Boorman)

St Botolph's, Heene

20th March 2013

1260 Grandsire Doubles

- 1 Moya Hills
- 2 Jo Cheng*
- 3 Paul Rampton
- 4 Arthur Wright
- 5 Rik Clay (C)
- 6 Graham Hills

b Granam Hills

Rung for the installation of Justin Welby as Archbishop of Canterbury



Most unusual bell ringers — *did you know that at The Bishop's Palace, adjacent to Wells Cathedral, there is a tradition dating back centuries where they train swans to ring bells?*

For longer than people can remember, the swans that inhabit the moat at the picturesque Somerset spot can ring a bell with their beak in order to get fed. The mute swans in the moat have for centuries been trained to ring bells via strings attached to them to beg for food.

But the custom has run into problems because the latest pair of swans in training are being usurped by a pair of Muscovy ducks. The swans seem shy and they hang back and let the Muscovy ducks do the ringing

I've been scratching my head to try and think of the best method to teach these very enterprising ducks and having gone through my little red book, am still none the wiser. I came up with a major method called "Pudsey Surprise" but that only made me think of a dancing dog that won a TV talent show! I'm sure you could all put thinking caps on and come up with a suggestion to help me out.



... to send a photograph and a write-up for any fete's, garden parties or events you are involved in throughout the summer.

Please send to news-west@scacr.org for inclusion in future editions of Sally Forth

WESTERN DIVISION CONTACTS

WESTERN BIVISION CONTINCTS						
Ringing Master	Graham Hills	01903 266980	rm-west@scacr.org			
311 South Farm Road, Worthing, West Sussex BN14 7TL						
Secretary	Jack Burton	01243 374937	sec-west@scacr.org			
	4 Highland Close, Emsworth, West Sussex PO10 7JP					
Education Officer	Christine Butterfield	01903 872623	ed-west@scacr.org			
Bell Restoration	Geoff Rix	01798 861858	brf-west@scacr.org			
Publicity Officers	Margo Grundy	01903 506917	news-west@scacr.org			
	Liz Beadle	01903 503254	news-west@scacr.org			
Central Council Rep	Andrew Barnsdale	01428 652624	adbarnsdale@aol.com			
Treasurer	Moya Hills	01903 266980	mchills@talktalk.com			
Committee Members	John Taylor	01903 745477	alansuetaylor@btinternet.com			
	Roger Watts	01798 813775	rogmyrt@btinternet.com			
	Sue Gadd	01903 813174	suegadd99@gmail.com			

Please see the SCACR Report and Handbook for all Association contact details

DIVISIONAL PRACTICE NIGHTS

You'll always be welcome on practice nights at other towers in the division, but it might be an idea to check before you get there! **Monday:** Aldingbourne, Arundel (2nd & 4th), Lyminster (1st & 3rd) *(please ring to check)*, Northchapel, Pagham, Pulborough, Slindon, Stedham, Westbourne, West Tarring & Yapton

Tuesday: Aldwick, Findon (2nd & 4th), Fittleworth, Funtington, Goring-by-Sea, Graffham, South Harting, Washington & Wisborough Green (2nd & 4th)

Wednesday: Billingshurst, Chichester, Felpham, Heene, Kirdford (7.45pm), Milland, Shipley, Stoughton, Thakeham, Tillington (7.45pm) (1st only) & Upper Beeding

Thursday: Angmering (2nd, 4th & 5th), Bosham, Easebourne (1st & 3rd), Findon (1st & 3rd), Midhurst (2nd & 4th), Petworth, Rogate,

Steyning & Walberton

Friday: Amberley & Storrington

Other Towers: Fernhurst (3), Lodsworth & Trotton (4)

Many thanks to everyone who sent in items for Sally Forth.

Please send your contributions for the next newsletter to us at our gmail address, as before, or via news-west@scacr.org by 16th June 2013